ACCREDITED CONTINUING EDUCATION SERIES



February 28, 2013

West Coast Training Center 2165 Larkspur Lane Redding, CA 96002

The Art of Care

Continuing Education Hours

10:00 AM — 12:00 PM

Donn Kropp will present an exciting and inspiring course on the art of providing high-quality care. This course will take an in-depth look into the concept of "care" and its implications on health and well-being. Participants will gain insight into how understanding and practicing the art of care can enable an individual to effectively maintain and promote health. Participants will be challenged and inspired to grow in their respective areas of employment so they can help others lead a healthy and happy life.

REGISTER NOW

Self Care: Taking Care of You



Continuing Education Hours

1:00 PM — 3:00 PM

Donn Kropp and Andy Flaherty will present a course of self care. This course will provide a detailed exploration of the use of "self care" in the "helping professions." Participants will gain insight on how to care for themselves as a "carer" of others and will be instructed on how to recognize the signs of compassion fatigue and burn-out. Participants will also be taught strategies for developing personal resilience to enable themselves to more effectively handle cases, situations, and environments that could lead to secondary trauma in the life of a caregiver.

REGISTER NOW

PRESENTERS



DONN KROPP, RN, BSN

Donn has over ten years of ER/Trauma and medical consulting and training experience. He aims to train and equip those in the health and human services field to provide high-quality care. Donn recently received the 2013 REAL Award for his international and domestic work in the healthcare field and was recognized by President Bill Clinton for his efforts.



ANDY FLAHERTY, MSW

Andy is a seasoned social worker, having worked in multiple social work fields for the past eight years. As an emerging leader in the field, Andy enjoys equipping and helping professionals take better care of their own needs, avoid burnout, and develop healthy patterns that will enable them to deal with the rigors of working in such a demanding field.

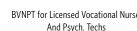
CONTINUING EDUCATION ACCREDITATION INFORMATION:

Cosine Health Strategies, LLC is an approved provider of continuing education by the following governing entities:





Provider #CEP 15849





California Board of Registered Nursing CA Dept of Social Services

BVNPT for Licensed Vocational Nurses And Psych. Techs Provider Approval Code #V1071 & V10722

BVNPT

CA Dept. of Public Health Aide& Technician Certification Section Nurse Aide Certification #7028

REGISTRATION INFORMATION

February 28, 2013

Email Address

Space is limited! Sign up today!

Please send a separate registration form for **each participant**

www.cosinehealth.com

info@cosinehealth.com

Registration Fee:	\$20.00	10:00 AM — 12:00 PM	The Art of Care
	\$20.00	1:00 PM — 3:00 PM	Self Care: Taking Care of You
	\$37.00	10:00 AM — 3:00 PM	Both Classes
Location:	West Coast Training Cer (Located in the West Co across from Hampton In 2165 Larkspur Lane Redding, CA 96002 www.trainingwc.com	ast Technology Building	
Fax, mail, or email registration form to: Fax: 530.221.2901 Email: info@cosinehealth.com			
Make it easy! Register online at www.cosinehealthlive.eventbrite.com Eventbrite			
Send check or pay	at the door us	sing: VISA MasterGard Discovi	AMERICAN EXPRESS
Make checks paya	ble & send to:	Cosine Health Strates 1095 Hilltop Drive Suite Redding, CA 96003	
Your Name	•••••	•••••	QUESTIONS? Call 530.638.7018
Agency Name/Facility Name/Afl	filiation		
			Register and pay now @
City/State/Zip	•••••	•••••	
	••••••	••••••	COSINE Health Strategies 1095 Hilltop Drive, Suite 221, Redding, CA 96003 Tel. 530.638.7018 Fax 530.221.2901